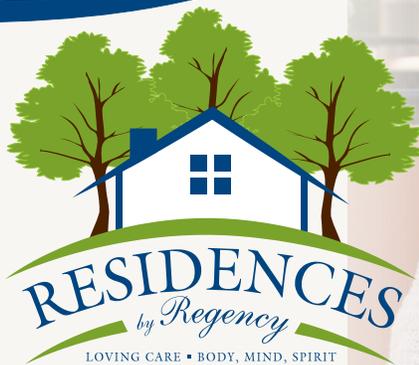


3 Ways Residences by Regency Is Improving Life for Those with Parkinson's



678.999.2446 • info@regencyhcga.com
www.regencyhcga.com



Care Needs for Person's with Parkinson's

If Parkinson's disease is a part of your life or that of a loved one, there's comfort in knowing you're not alone. Michael J. Fox, Mohammad Ali, Charles Schulz, Billy Graham and Janet Reno are just a few of the many public faces of Parkinson's, and they're joined by over a million less-famous diagnosed Americans (with 50,000 -- 60,000 new cases diagnosed each year, according to the National Parkinson Foundation).

That being said, Parkinson's disease is certainly not a one-size-fits-all condition. According to the American Parkinson Disease Association, Parkinson's disease manifests itself differently among those affected, with varying degrees of movement and non-motor symptoms like depression and fatigue. As a result, individualized care is particularly important, which can often be difficult in nursing home settings due to the large numbers of residents and high demands of staff members' time.

The National Parkinson Foundation found that people with Parkinson's disease are 50% more likely "to visit an emergency room or be hospitalized due to injuries from falls or other disease-related medical problems like heart attacks, pneumonia and urinary tract infections." This can be especially pronounced among those in nursing homes, as falls, pneumonia and UIT's can be common in these environments, independent of the increased susceptibility for those with Parkinson's.

According to the Parkinson's Disease Foundation, care needs for people with Parkinson's are variable and unpredictable, depending on how well medications are working at specific times. Flexibility and adaptability of care are therefore of tremendous importance. This can be challenging in a nursing facility, where staffing limitations make variable care difficult to achieve.

3 Ways Residences by Regency is Improving Life For Those with Parkinson's

Thankfully, those with Parkinson's disease in the north Atlanta area have a unique opportunity for care: **Residences by Regency**, a perfect fit for those with Parkinson's for many reasons, including:

- **Care Delivery**

We have found that the consistency of caregivers and the familiarity that develops between caregiver and client allows Regency staff members to understand the unique needs of each client so that they can provide care that is truly specific to each senior.

- **Close Supervision**

Because the care staff are never more than a few feet away in a Regency environment, we've found that we're able to closely monitor areas that are uniquely dangerous for seniors with Parkinson's, such as transferring and toileting, which can serve to reduce adverse events such as falls and urinary tract infections.

- **Care Flexibility**

Because of the 1:4 care ration and the proximity of care, we're able to adapt to changing care needs in ways that a large facility cannot. This is particularly important for people with Parkinson's, who often have care needs that change throughout the course of a single day.

For those with Parkinson's disease, and those who care for them, take heart: independence, maximized quality of life and safety are available and just a phone call away at **Residences by Regency** of Atlanta. You can reach us any time at **678.999.2446** to learn more about our residential care home option, providing family-style living with around-the-clock individualized care.



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